



PEACE PAL with SKIRT

The Peace Pal pattern was prayerfully and intentionally developed by knitters of *Knitting4Peace* to create comforting companions for children in global areas of conflict. We are an organization dedicated to crafting hope, healing & peace one stitch at a time. If you would like more information about our work, please visit our website at www.knitting4peace.org.

Peace Pals are not to be sold or used for profit-based activity of any kind. They are intended to fulfill the mission and work of *Knitting4Peace*.

Size: 7" tall maximum (Note: we cannot ship Pals larger than 7")

Gauge—doesn't matter as long as your Pal is no taller than 7".

Yarns—Scrap yarn any weight, funny fur, boucle or nubby for hair; light or dark brown or tan for face. Colored yarn for eyes and mouth.

Other materials --- 100% polyester fiber-fill for stuffing, tapestry needle, charms, buttons, etc. for decoration and personalizing.

Needle size: Size 6 (stuffing will show through with larger size needles)

Pattern instruction: Begin with Skirt (made separately and attached later as you knit the Pal – thanks to Peggy Blackburn for this skirt pattern.)

Cast on 65 stitches using #6 needles. You may use contrasting color for cast-on row, then switch to main color.

Row 1: P2, K6, P2, K6 etc. ending P1 Row 2: K1, P6, K2, P6, K2 etc. ending K2

Rows 3 and 4 repeat rows 1 and 2

Row 5: P2, Slip 1, K 1, PSSO, K 2, K 2 tog, P 2 etc. ending P1

Row 6: K1, P 4, K 2, P 4 etc. ending K 2

Row 7: P2, Slip1, K1, PSSO, K2tog, P2etc.endingP1 (33stitches)

Row 8: K 1, P2, K 2, P2 etc.

Set aside skirt and begin the Peace Pal.

(Note—With each change of yarn, leave a 5" length of yarn to sew the seams closed when finishing your Pal.)

Girl Pal

Cast on 33 sts for base. K 6 rows **Legs:** St st 12 rows in same color yarn as face St st 4 rows in light color for underwear, ending with a purl row

Join skirt:

Hold needle with skirt stitches in front of stitches for doll body. Put empty needle through first stitch of skirt AND first stitch of body. Knit. Continue for full row joining each stitch of the skirt to a stitch of the body. Sew up back of skirt with remaining yarn tail.

Shirt (change yarn color): St st 10 rows

Neckband (change yarn color): K 2 rows

Face and Hair: **Face** color: Light or dark brown, or medium to dark tan. 1st row: K6, K2tog, K18, K2tog, K6 St st next 9 rows **Hair:** eyelash, boucle or other interesting textured yarn (any color) 1st row: K1, inc one in each of next 29 sts, K1 K next 3 rows 5th row: K1, (k2tog, K1) to K1 end of row 6th and alternate rows: K 7th row: (K2tog, K1) to end of row 9th row: K2tog across row 11th row: K2tog across row 12th row: K Cast off.

Finishing: Hair and head--On wrong side, sew a thread across the neckband in that color, leaving 2” of yarn at each end. Sew the hair and face seams, with matching yarn, down to neckband. Turn to right side. Embroider eyes and mouth with colored yarn. Stuff with polyester fiber-fill. Pull the neckband yarn ends together to gather the neck. Tie off all loose ends and sew ends in.

Body—On right side weave the seam to close up the body, using matching yarn. Leave end of base open. Stuff body. Sew bottom shut. Stitch the leg line, front to back, from waistband to base, matching back seam, in matching yarn color. With matching shirt yarn, sew from neckband to waist on each side to form arms.

Decorate with charms, earrings, necklace.

Offer an intention or prayer and give your Peace Pal a hug, infusing it with your love. It will provide comfort, healing & hope for a child in a global area of conflict. For a listing of countries where we have completed deliveries, go to the Deliveries page on our website.

Your compassion & love are as important as the work of your hands in “knitting together” the local and global Beloved Community.

Send your completed Peace Pal

(along with your e-mail address so we can acknowledge receipt) to:

Knitting4Peace

2600 Leyden St.
Denver, CO 80207