PEACE PALS

This pattern was prayerfully and intentionally developed by knitters of *Knitting4Peace* to create comforting companions for children in global areas of conflict. We are an organization dedicated to crafting hope, healing & peace one stitch at a time. If you would like more information about our work, please visit our website at www.knitting4peace.org.

Peace Pals are not to be sold or used for profit-based activity of any kind. They are intended to fulfill the mission and work of *Knitting4Peace*.

Size: <u>7" tall maximum</u> (Please note: we cannot ship Pals larger than 7")
Gauge—doesn't matter as long as your Pal is no taller than 7".
Yarns—Scrap yarn any weight, funny fur, boucle or nubby for hair; light or dark brown or tan for face. Colored yarn for eyes and mouth.
Other materials --- 100% polyester fiber-fill for stuffing, tapestry needle, charms, buttons, etc. for decoration and personalizing.
Needle size: Size 6 (stuffing will show through with larger size needles)

Pattern instruction:
Note—With each change of yarn, leave a 5" length of yarn to sew the seams closed when finishing your Pal.

Girl Pal
Base and Skirt:
Cast on 14 sts in skirt color.
1st row: K
2nd row: increase one in every stitch.
3rd: row: K
4th row: K2, (inc 1, K2) rep across row, inc 1, K1
5th row: K
6th row: K2 (inc.1, K3) across row, inc. 1, K2
K 6 rows
St st next 16 rows
Belt (contrasting color yarn):
1st row: (K2tog, K2) across row;
2nd row: K
Blouse (change yarn color):
St st 10 rows
Neckband color—(may be same as belt or different):
K 2 rows
Go to Face and Hair Instructions

Boy Pal
Cast on 34 sts for base.
K 6 rows
Trousers (color may be same as base or different):
St st 16 rows
Belt (contrasting color yarn):

K 2 rows
Shirt (change yarn color):
St st 10 rows
Neckband color (may be same as Belt or different);
K 2 rows

Face and Hair (for both Girls & Boys):
Face color: Light or dark brown, or medium to dark tan.
1st row: K6, K2tog, K18, K2tog, K6
St st next 9 rows
Hair: eyelash, boucle or other interesting textured yarn (any color)
1st row: K1, inc one in each of next 29 sts, K1
K next 3 rows
5th row: K1, (k2tog, K1) to K1 end of row
6th and alternate rows: K
7th row: (K2tog, K1) to end of row
9th row: K2tog across row
11th row: K2tog across row
12th row: K
Cast off.

Finishing:
Hair and head--On wrong side, sew a thread across the neckband in that color, leaving 2" of yarn at each end. Sew the hair and face seams, with matching yarn, down to neckband. Turn to right side. Embroider eyes and mouth with colored yarn. Stuff with polyester fiber-fill. Pull the neckband yarn ends together to gather the neck. Tie off all loose ends and sew ends in.

Body—On right side weave the seam to close up the body, using matching yarn. Leave end of base open.

Girl: Stuff to a skirt shape, wider at the bottom. Close the bottom by gathering the open space together with the 5" length of yarn and sew seam up back. With matching blouse yarn, sew from neckband to waist on each side to form arms, narrower at the waist. Decorate with charms, earrings, necklace.

Boy: Stuff the body, and draw yarn together at opening, and close it. Stitch arms as for the girl doll. (Looks like he has hands in his pockets!) Stitch the leg line, front to back, from waistband to base, matching back seam, in matching yarn color. Decorate with charms, button, etc.

Say a prayer and give your Peace Pal a hug, infusing it with your love. It will provide comfort, healing & hope for a child in a global area of conflict. For a listing of countries where we have completed deliveries, go to the Deliveries page on our website.

Your compassion & love are as important as the work of your hands
in "knitting together" the Beloved Community.

Send your completed Peace Pal
(along with your e-mail address so we can acknowledge receipt) to:

Knitting4Peace

2600 Leyden St.
Denver, CO 80207