



Two Needle Adult Mittens (Pattern provided to Knitting4Peace by Arna Caplan)



Note:

The right and left mittens are identical.

The pattern makes one pair of medium-size men's mittens.

To make a pair of women's medium-size mittens, use size 4 and 7 needles and decrease the length of the body of the mitten by 1 inch, the thumb by ½ inch.

Materials

Needles: Size 5 and size 8

Gauge for size 8 needles in stockinette: 4.5 stitches per inch

Yarn: Worsted weight

Yarn needle for sewing together.

Cuff

With size 5 needles, cast on 36 stitches.

Row 1 K3, P1 across the row.

Row 2 K1, P3 across the row

Continue these two rows until the piece measures 3 inches.

Body of mitten

Change to size 8 needles. Work 8 rows of stockinette stitch (knit one row, purl one row).

Begin the thumb gusset as follows:

Row 1 Knit 17 stitches, place marker, increase one stitch in each of the next two stitches, place marker, knit 17. (38 stitches)

Row 2 Purl across the row.

Row 3 Knit 17, slip marker, increase in next stitch, K2, increase in next stitch, slip marker, knit 17. (40 stitches)

Row 4 Purl across the row.

Continue this pattern, increasing in the stitch after the first marker and the stitch before the second marker, slipping the markers, and knitting all the stitches in between, until there are 50 stitches on the needle. End with a knit row.

Purl 18, place 14 stitches on a holder or piece of scrap yarn for thumb, Purl to end of row. There are 36 stitches on the needle and 14 stitches on the holder. Knit 7 rows (creating 3 garter stitch bands) then continue in stockinette stitch until the mitten measures 10 inches. End with a purl row.

Mitten top

Row 1 K2 together, Knit 3 across the row, ending with K4.

Row 2 Purl across the row.

Row 3 K2 together, K2 across the row, ending with K3

Row 4 Purl across the row

Row 5 K2 together, K1 across the row, ending with K2

Cut yarn leaving an 18 inch length. Thread the yarn into a needle, and draw stitches together fastening tightly on the inside. Do not weave in or cut the yarn end. You will use it to sew the mitten together.

Thumb

Pick up the 14 stitches from the stitch holder or scrap yarn. Work in stockinette until the thumb measures 2³/₄ inches. End with a purl row.

Row 1 K2 tog K2 across the row, ending with a K2 tog.

Row 2 Purl across the row

Row 3 K2 tog, K1, ending with K2

Cut yarn leaving a 6 inch length. Thread the yarn into a needle, and draw stitches together fastening tightly on the inside. Do not weave in or cut the yarn end. You will use it to sew the thumb together.

Finishing

Sew the thumb and side seams. Securely weave in the ends.

Variation

Use two colors and alternate colors every 3 or 6 rows for a striped mitten.

As you prepare your mittens for shipment to us,

please take a moment to imagine the person who will receive them. Offer your thoughts or prayers of love and compassion, adding your intentions that your mittens will provide warmth, healing and hope for the one who receives it.

Your compassion & love are as important as the work of your hands.

Send your completed mittens (along with your name & e-mail address so we can acknowledge receipt) to:

Knitting4Peace

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