



FAST AND WARM HAT FOR ADULTS (Pattern provided to Knitting4Peace by Arna Caplan)



Yarn: 2 strands of worsted or 1strand of bulky
Gauge: 15 sts = 4 inches
21 rounds = 4 inches
Needle size: 10.5 or what will give you gauge. (You can use a 16” circular and a set of double points or straight needles.)

NOTE: This pattern incorporates “3” in a couple ways. If you don’t know why this is important to our work of crafting hope, healing, and peace, please see the Mission Statement on our website Homepage (www.knitting4peace.org)

STRIPES (optional): The pictured hat used the following progression between the ribbing and the decreases: 3 rows brown, 3 rows beige, 9 rows brown, 3 rows green, 9 rows brown, 3 rows beige.

KNITTING IN THE ROUND

Cast on 60 sts.

Ease stitches around needle so you can knit into first cast-on stitch to join, being careful not to twist. Place marker.

Knit in K1-P1 rib for 3.”

Knit in every round for 5 inches more - total is 8”

Begin decreases.

Row 1: Knit 5, K2together across row, K 4

Row 2: Knit

Row 3: Knit 4, K2 together across row

Row 4: Knit

Row 5: Knit 3 K2 together

Row 6: Knit

Row 7: Knit 2, Knit 2 together across row

Row 8: Knit 1, Knit 2 together across row

Row 9: Knit 2 together across row and leave a 6” tail

Thread tapestry needle and draw yarn through remaining stitches. Push the needle to the inside and secure tightly. Weave in yarn tails.

KNITTING FLAT

Cast on 60 sts.

NOTE: Slip the first stitch in every row to make sewing together easier.
Stockinette = knit a row, purl a row (right side will be flat; wrong side will be bumpy)

Knit in K1-P1 rib for 3”

Knit in stockinette for 5 inches more-total of 8” from cast on edge.

Begin decreases.

Row 1: Knit 5, K2 together across row, K 2

Row 2: Purl across

Row 3: Knit 4, K2 together across row

Row 4: Purl across

Row 5: Knit 3, K2 together

Row 6: Purl across

Row 7: Knit 2, Knit 2 together across row

Row 8: Knit 1, Knit 2 together across row

Row 9: Knit 2 together across row and leave an 18 inch tail

Thread tapestry needle and draw yarn through remaining stitches, going around twice. Turn hat inside out and sew down the back seam. Weave in ends.

Add an intention or prayer for the person who will receive much-needed warmth and hope from your hat. For a listing of countries where we have completed deliveries, go to the Deliveries page on our website (knitting4peace.org)

*Your compassion & love are as important as the work of your hands
in crafting hope, healing, and peace.*

**Send your completed hat
(along with your name & e-mail address
so we can acknowledge receipt) to:**

Knitting4Peace

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