



Knitting4Peace is dedicated to
crafting hope, healing & peace,
one stitch at a time.

HIJAB FOR PEACE PAL

Peace Pals bring comfort and joy to people of all ages, around the world. This pattern for *hijab* was developed by Carrie Lynn Richardson, Board Chair, Denver, Colorado, in 2021.

One way to make a Peace Pal that reflects a child's identity is by adding a *hijab*. A hijab is a head covering worn by some Muslim women in the presence of any male outside their immediate family. Women wear hijab for religious reasons, as a reminder to remain pious, modest, honest, and generous. In many parts of the world, it has also become a symbol of national or ethnic identity. While a hijabi's headscarf may require quite a bit of styling skill, these knit hijabs are one piece for easy on and off.

Patterns to make Peace Pals are found in our [patterns](#) section. You can use this hijab pattern to add to Peace Pals you've made, or to make hijabs to send to us to be added to Peace Pals for deliveries requesting this item.

Peace Pals are not to be sold or used for profit-based activity of any kind. They are intended to fulfill the mission and work of Knitting4Peace.

In 15 years, we've served nearly 200,000 individuals in communities across the United States and in countries around the world. For more information about our work, please visit our website at www.knitting4peace.org. For current needs, see the website home page, or our most recent [newsletter](#).

[General Guidelines](#) [Glossary of terms](#)

Hijab for Peace Pal

Abbreviations:

Fb: Knit or purl in the front and back of the stitch, increase of 1 stitch

K2Tog: Knit 2 together, decrease of 1 stitch

RS: Right side of the work



Bottom hem:

Using 5.0 mm or 5.5 mm DPNs (or knitter's choice to match Peace Pal's size), cast on 4.

K1fb, k3, turn.

P1fb, p4, turn.

K1fb, k5, cast on 6, turn.

P13, turn.

K to end, cast on to make 36 st. Distribute evenly on 3 DPNs.

Begin working in the round, placing a marker.

K six rounds.

k1, K2tog, k5, k2tog, k5, k2tog, k1 repeat to end of round. (30)

K two rounds.

Face opening:

Bind off 8 stitches, knit 22 to marker, turn.

P 22 next row, turn.

Continue in stockinette flat for four more rows.

From end of last purl row, cast on 11 st, (see figure 1). Turn.

Next row (RS): knit 11 onto 1st needle, repeat twice: 33 stitches on 3 needles.

Join, slip the first stitch knitwise, complete the round.

Knit two more rounds.



Figure 1 At end of last purl row, cast on 11 stitches.

Decrease:

1. *K9, k2tog* to end. (30)
2. and all even rounds. K.
3. *K3, k2tog* to end. (24)
5. *K2, k2tog* to end. (18)
7. *K1, k2tog* to end. (12)
8. *K2tog* to end (6)

Cut yarn, draw a needle through the stitches and pull closed. Weave in ends. Block.

Optional: Single crochet around the bottom edge (in a contrasting color if you'd like) so that it lies flatter. Add decorative contrasting stitches above the face opening.

Bless your completed project with a hug and your love. It will provide comfort, healing, and hope for the recipient. Your compassion and love are as important as the work of your hands in “knitting together” the Beloved Community.

Finished projects:

- **Deliver** your completed project in your community, or in another country, and send us an email with the information so we can count this in our totals of people served:
 - Date of the delivery, to whom, which items, how many of each. Please include a photo if possible (obtaining verbal permission) of some of the recipients with some of the items, or of you with the items, to help tell the stories of Knitting4Peace. More information about delivering items, [HERE](#).
- **Or, send** your completed project along with your name and e-mail address so we can acknowledge your contribution to:

Knitting4Peace
2600 Leyden St.
Denver, CO 80207

Our work is only possible because of financial support from people like you. If you can, please include a donation of any size with your shipment of items. Every gift makes a difference!