



# We are an organization dedicated to crafting hope, healing & peace one stitch at a time.

#### KNIT COTTON BIB

In our first 10 years, we served more than 100,000 individuals in communities across the United States and in countries around the world. If you would like more information about our work, please visit our website at <a href="https://www.knitting4peace.org">www.knitting4peace.org</a>.

**NOTE:** This pattern is written for 2 needles. If you like knitting in the round, join after casting on, knit the ribbing, then bind off 32 stitches and knit the body of the bib as written.

**Finished size:** About 7.5 inches x 8.5 inches. The circumference of the neck should be twice the width of the bib when stretched.

General Guidelines Glossary of terms

For current needs, see our most recent newsletter

**Gauge**: 5 sts to the inch

## **Materials:**

Needles: size 6 or size to achieve gauge

Yarn: Cotton in variegated or solid colors such as Sugar 'n Cream, Cotton Ease or

Bernat Handicrafter Cotton.

# **Directions:**

## **Neck of Bib**

Cast on 66 sts

Work in a K1, P1 Rib for 1 inch

Bind off 15 stitches, K1 P1 to end of row (52 stitches remaining)

Bind off 15 stitches, K1 to end of row (36 stitches remaining)

## **Body of Bib**

Continue in garter stitch until the bib measures 7 1/2 inches. K across the row Bind off.

**Finishing:** Sew the back of the neck. Weave in all ends.

### Variations:

- 1. Knit the neck in the round. After one inch, bind off 32 stitches. Continue the pattern as written.
- 2. Use more than one color to form stripes.
- 3. Knit the body of the bib in stockinette.
- 4. Add a favorite pattern to the body of the bib. Choose one with an element of 3.

Bless your completed project with a hug and your love. It will provide comfort, healing, and hope for the recipient.

Your compassion and love are as important as the work of your hands in "knitting together" the Beloved Community. Our work is only possible because of financial support from people like you. If you can, please consider including a donation of any size with your shipment of items. Every gift makes a difference!

Send your completed project along with your name and e-mail address so we can acknowledge your contribution to

Knitting4Peace 2600 Leyden St. Denver, CO 80207

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