



**We are an organization dedicated to crafting hope, healing & peace
one stitch at a time.**

MITTENS IN THE ROUND

Designed by Arna Caplan
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In our first 10 years, we served more than 100,000 individuals in communities across the United States and in countries around the world. If you would like more information about our work, please visit our website at www.knitting4peace.org.

NOTE: The right and left mittens are identical. The pattern is written for youth, woman's and man's sizes. For smaller mittens, use the youth pattern with thinner yarn and smaller needles, adjusting the length of cuff and mitten.

[General Guidelines](#) [Glossary of terms](#)

For our Current needs, please refer to our [latest newsletter](#)

Gauge: 5 stitches to one inch

Materials:

Needles: Double points size 5 and 8 **or**

Circular for Magic Loop size 5 and 8 or size needle to knit at gauge

Yarn: Worsted weight

Tapestry or yarn needle for finishing

Directions:

Cuff

With size 5 needles, cast on 32 (40, 44) stitches. Join to knit in the round, taking care not to twist the stitches. K3, P1 until the cuff measures 2.5 (3, 3.5 inches)

Body of mitten

Change to size 8 needles. Knit 3 (6, 9) rounds

Begin the thumb gusset as follows:

Round 1: K9 (12, 15), place marker, K1, M1, K1, place marker, K to end of round—33 (41, 45) sts.

Round 2: Knit

Round 3: Knit K9 (12, 15), slip marker, increase in next stitch, K3, increase in next stitch, slip marker, knit to end of round. 35 (43, 47) stitches

Round 4: Knit

Continue this pattern

All odd rows: Increase in the stitch after the first marker and the stitch before the second marker, slipping the markers, and knitting all the stitches in between.

All even rounds Knit

Continue until there are 13 (17, 21) between the markers and 43 (53, 63) stitches on the needle. End with an increase row, knitting to complete the round.

Knit 9 (12, 15), place 11 (15, 19) stitches on a holder or piece of scrap yarn for thumb. Cast on 2 sts. Knit to end of round. There are 32 (40, 44) stitches on the needle and 11 (15, 19) stitches on the holder. Knit until the mitten measures 7 (9, 11.5) inches.

Mitten top

Row 1: * Knit 2, K2 together* across the round 24 (30, 33) stitches remaining

Row 2: Knit

Row 3: *Knit 1, K2 together* across the round 16 (20, 22) stitches remaining

Row 4: Knit

Row 5 *K2 together* 8 (10, 11) stitches remaining

Cut yarn leaving 8 inch tail. Thread the yarn into a needle, and draw the yarn through the remaining sts, pull tight and fasten securely on the inside of the mitten.

Thumb

Pick up the 11 (15, 19) stitches from the stitch holder or scrap yarn. Pick up 1 stitch between hand and thumb. 12 (16, 20) sts on needle. Work in the round until the thumb measures 1 (1.5, 2) inches.

Thumb Top

Round 1: *K2 K2tog *. 9 (12, 15) sts remaining

Round 2: Knit

Round 3: *K1 K2tog * 6 (8, 10) sts remaining

For Youth Size

Cut yarn leaving a 8 inch length. Thread the yarn into a needle, draw the yarn through the remaining sts, pull tight and fasten securely on the inside of the mitten. Close up any gaps where the thumb meets the body of the mitten.

For Women's and Men's Sizes

Row 4: Knit

Row 5: K2 together around (4, 5) sts remaining

Cut yarn leaving a 8 inch length. Thread the yarn into a needle, draw the yarn through the remaining sts, pull tight and fasten securely on the inside of the mitten. Close up any gaps where the thumb meets the body of the mitten.

Finishing:

Weave in the ends.

Bless your completed project with a hug and your love. It will provide comfort, healing, and hope for the recipient.

Your compassion and love are as important as the work of your hands in “knitting together” the Beloved Community. Our work is only possible because of financial support from people like you. If you can, please consider including a donation of any size with your shipment of items. Every gift makes a difference!

Send your completed project along with your name and e-mail address so we can acknowledge your contribution to

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