



CROCHET PEACE PAL

Adapted from a pattern created by Becky Stevens

The original pattern was intentionally developed by knitters of Knitting4Peace to create comforting companions for children in global areas of conflict. The current version reflects current needs, both at home and abroad. These dolls have delighted children across the United States and around the world.

Peace Pals are not to be sold or used for profit-based activity of any kind. They are intended to fulfill the mission and work of Knitting4Peace.

In our first 10 years, we served more than 100,000 individuals in communities across the United States and in countries around the world. If you would like more information about our work, please visit our website at www.knitting4peace.org.

Finished size: Peace Pals should be no more than 7” tall. This size is just right for children of all ages, and less expensive to ship than larger dolls.

[General Guidelines](#)

[Glossary of terms](#)

For current needs, see [our most recent newsletter](#)

Materials:

Crochet Hook: Size F or size to create a soft and huggable doll

Yarn: Sport or worsted weight – use your odds & ends

Yarn for faces: light, medium, or dark brown – please, no white or black

Yarn for eyes and mouth in colors that contrast with the face color

Eyelash yarn or other fuzzy/funky yarn for hair

Tapestry needle to sew up Pal and make face

Poly-fiberfill stuffing

Directions:

Hair

Round 1: With fun fur, eyelash, boucle or other interesting textured yarn, CH 3. Join with 1 sl st into ring, ch 1 and work 6 sc into ring. Do not join but place marker thread after 6th sc to mark end of round. (From here on, carry marker thread along, weaving back and forth at the ends of each round.)

Round 2: Work 2 sc into each sc around. (12 sts)

Round 3: *sc in one st, 2 sc in next st, repeat from * around. (18 sts)

Round 4: * Sc in each of 2 sts, 2 sc in next st, repeat from * around. (24 sts)

Rounds 5 & 6 sc in each st around. At end of round 6, join with sl st and turn inside out to work rest of pocket pal. (This puts the fluffier side of the hair on the outside instead of the inside of the head.) Cut yarn for hair, leaving 6" length to work back in. Pull starting end of yarn at top of head to inside and work a few stitches to anchor it.

Face

Round: 7 Pick up yarn for face, leaving a few inches to work back in later. Work sc in each st around, keep moving marker to mark ends of rounds. (24 sts)

Round 8: *Sc in each of 10 sts, Dec over next 2 sts, repeat from* once more. (22 sts)

Rounds 9-11: Work sc in each st around. (22 sts)

Round 12: *Sc in each of 2 sts, Dec over next 2 sts, repeat from * around, ending with sc in each of last 2 sts. (17 sts)

At end of Round 12, cut face yarn, leaving 12" length to sew neck later on.

Embroider eyes and a mouth. Work in ends of yarn for hair and top of face to anchor them inside the body.

Shirt

Round 13: Pick up shirt color yarn, leaving 12" length to sew an arm later. * sc in one st, 2 sc in next st, repeat from * around, ending with sc in last st. (25 sts)

Rounds 14-19: Work sc in each st around. (25 sts)

After a few rounds of shirt are completed stuff head. Pull length of face yarn that was left at neck edge and length of yarn left at beginning of shirt to the right side to be available to sew neck and arm later. At end of round 19, cut shirt yarn, leaving 12" length to sew an arm in later.

Belt

Round 20: Pick up yarn color for belt, leaving a few inches to work in later. Work sc in each st around. Cut belt yarn, leaving a few inches to sew on inside to anchor. (25 sts)

Pants or Skirt-

Rounds 21-29: Pick up yarn color for skirt or pants, leaving 12" length at beginning to sew up later. Work sc in each st around. (25 sts) After a few rounds of the are completed, pull the length of yarn left at the end of the shirt and the length of yarn from the beginning of to the right side to be available later. At end of round 29, cut colored yarn, leaving a 6" length to fasten off inside. (If desired, you can continue the next 3 rounds in the same color as the skirt or pants instead of changing to a different color for the feet.)

Feet or shoes

Rounds 30-32: Pick up yarn color for feet and work sc in each st around. (25 sts) At end of round 32, join yarn with sl st and cut, leaving 12" length to sew pants closed.

Note

If you are using embellishments (buttons, beads or charms) please be sure they are very securely fastened.

Finishing

Finish stuffing the doll with polyester fiberfill. Stuff the doll rather loosely so that when you go to cinch up the neck, and make the arms (and/or legs, if you're sewing legs), it will be easier to keep your sewing even. Also, this will avoid having the stuffing show through the crocheting. Draw the neck thread in to create a neck and knot at the back seam. The ends of the yarn can be sewn thru the head and then the ends of the yarn clipped off and they will just go back into the doll. Continue to stuff the rest of the body. Once the doll is completely stuffed, use the starting tail to sew across the feet to close the doll.

For a Long Skirt: Do not sew up the middle of the doll.

For Pants: Continue to use this thread to sew up the middle of the feet and pants to define legs; back stitch about $\frac{3}{4}$ of the way to the belt in the middle of the body. Knot off the thread and sew the end into the body.

For both: Using the same color of yarn as used for the shirt, create arms by back stitching about $\frac{1}{2}$ inch from each side, going from the belt up about $\frac{3}{4}$ of the shirt towards the face on each side. Knot off the ends and draw them into the body.

Bless your completed project with a hug and your love. It will provide comfort, healing, and hope for the recipient.

Your compassion and love are as important as the work of your hands in “knitting together” the Beloved Community. Our work is only possible because of financial support from people like you. If you can, please consider including a donation of any size with your shipment of items. Every gift makes a difference!

Send your completed project along with your name and e-mail address so we can acknowledge your contribution to

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